

HALF MARATHON

START and FINISH

11.00am START and FINISH IN FRONT OF
THE TOR-TOR ICE RINK

ONE FULL LAP, MEN/WOMEN START
TOGETHER

INFORMATION

- BIBS TO BE WORN AS ISSUED AND NOT DEFACED – DISQUALIFICATION
- BIBS MUST BE WORN FRONT and BACK
- A UNIFORM/VEST **MUST** BE WORN CLEARLY IDENTIFYING THE COUNTRY REPRESENTED
- ASSISTANCE - THIS IS A WARNING TO YOUR ATHLETES, ASSISTANCE IN THE COMPETITION AREA – DISQUALIFICATION – ACCOMPANIED BY BIKES, RUNNERS OR OTHER MEANS OF TRANSPORT
- A SECURE BAG DROP WILL BE AVAILABLE, PERSONAL BAGS SHOULD INCLUDE THE BIB NUMBER
- DEPOSIT = BAGGAGE DROP

INFORMATION

- APPEALS MUST BE MADE NO LATER THAN ONE HOUR AFTER THE DISPLAY OF RESULTS. RESULTS WILL BE AVAILABLE AT THE FINISH AREA. TM PROTEST TO THE REFEREE FIRST
- SAFETY OFFICERS – AFTER CONSULTATION WITH MEDICAL REPRESENTATIVES ON SITE, THE SAFETY OFFICERS HAVE THE AUTHORITY TO WITHDRAW ATHLETES WHO ARE ENDANGERING THEIR OWN HEALTH AND/OR THE SAFETY OF OTHERS
- MEDAL PRESENTATION – ARENA TORUN.
- TOILETS – START/FINISH AREA + 10km

07:21



britishmastersathletics.co.uk

CHIP COLLECTION, CALL ROOM

- NO CONFIRMATION REQUIRED
- CHIP COLLECTION – OPENS 8.00am, THEN CALL ROOM IMMEDIATELY (same tent) DO NOT WAIT UNTILL THE LAST MINUTE.
- NUMBERS MUST BE SHOWN FRONT and BACK ON THE VEST/UNIFORM
- CHIPS SECURELY ON THE SHOE LACE NO CHIP NO TIME/NO RESULT!
- CALL ROOM CLOSES 10.30am
- CHIPS TO BE RETURNED TO VOLUNTEERS AT THE END OF EACH RACE – 10 EUROS PENALTY.

REFRESHMENTS

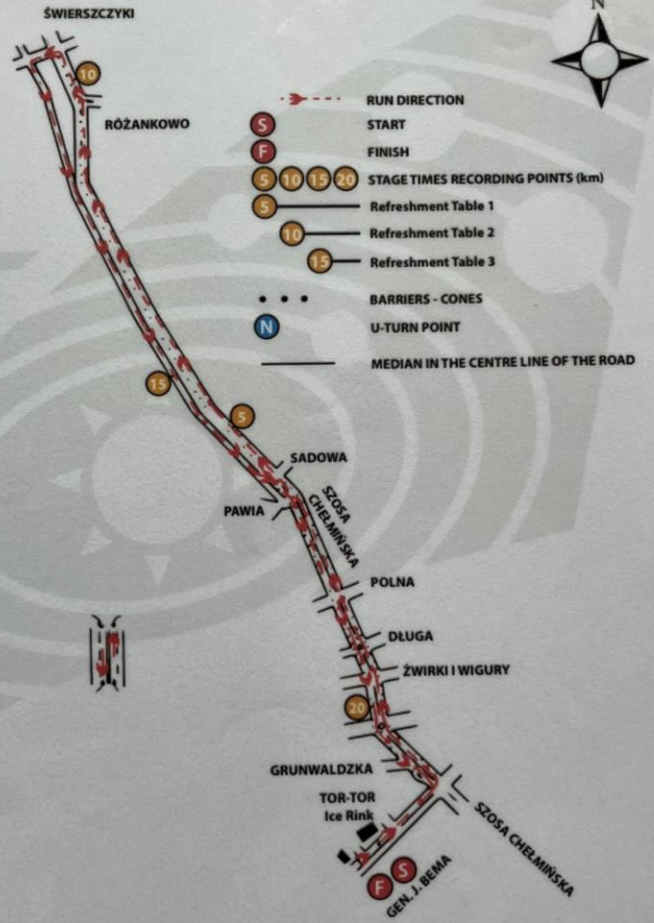
- REFRESHMENT TABLES WILL BE PROVIDED
- PERSONAL REFRESHMENTS MUST BE IDENTIFIED BY THE BIB NUMBER OF THE ATHLETE
- THE ATHLETE MUST ALSO SPECIFY ON WHICH REFRESHMENT TABLE THESE ARE TO BE PLACED – TABLES 1, 2 and 3 ON THE MAP (5k,10k,15k)
- PERSONAL REFRESHMENTS WILL BE AVAILABLE ON THE TABLES SPECIFICALLY PROVIDED FOR THIS PURPOSE. PERSONAL DRINKS WILL BE BEFORE WATER
- A MAXIMUM OF TWO OFFICIALS PER COUNTRY MAY BE STATIONED AT EACH TABLE TO MANAGE THE REFRESHMENTS OF THEIR ATHLETES
- NO REFRESHMENT TO BE ISSUED OUTSIDE THE REFRESHMENT ZONE
- COUNTRY REPRESENTATIVES MUST NOT INTERFERE WITH THE RACE PROGRESS
- AN ATHLETE RECEIVING REFRESHMENTS FROM A PLACE OTHER THAN THE OFFICIAL STATIONS OR ANOTHER ATHLETE, FOR THE FIRST OFFENCE BE WARNED (YELLOW CARD) BY THE REFEREE, THE SECOND OFFENCE RED CARD and DISQUALIFICATION

LIMIT TIME

THERE WILL BE A MAXIMUM TIME OF 3 HOURS. AFTER THAT THE RUNNER IS RECORDED AS DNF

10km – 1:30:00 – CHIP OFF and number recorded

Half Marathon



COMPOSITE TEAMS

- THREE NATURAL AGE GROUP ATHLETES

- COMPOSITE TEAM NO

- TEAM DISQUALIFICATION

ONE NATURAL AGE GROUP ATHLETE

COMPOSITE TEAM

YES

TWO OLDER ATHLETE CAN BE DECLARED FROM ANY AGE GROUP

- TWO NATURAL AGE GROUP ATHLETES
- COMPOSITE TEAM YES
- ONE OLDER ATHLETE CAN BE DECLARED FROM ANY AGE GROUP

INDIVIDUAL MEDALS

- ATHLETES WHO JOIN AN AGE GROUP TEAM HAVE THE RIGHT TO AN INDIVIDUAL MEDAL IN THEIR OWN CATEGORY AS THEY ARE IN THE SAME RACE AS THEIR COMPOSITE TEAM

COMPOSITE TEAM DECLARATIONS

- TO BE HANDED IN TO THE TIC NO LATER THAN 17.00 ON FRIDAY MARCH 31st.
- VERY CAREFULLY COMPLETE ALL INFORMATION REQUIRED
- NO LATE DECLARATIONS or AMENDMENTS WILL BE ACCEPTED
- A LIST OF COMPOSITE TEAMS WILL BE AVAILABLE BEFORE THE START



2023 WMA INDOOR CHAMPIONSHIPS – TORUN, POLAND

NON STADIA TEAM DECLARATION FORM

This form is to be filled out and signed by the Team Manager and handed into the Technical Information Centre (TIC) before 17:00 on the day before competition for Cross Country, Half Marathon and 10km walks.

A signed and stamped copy with the time and date are to be retained by the LOC and the Team Manager. All rules of Non Stadia Team Declaration are to be followed.

DO NOT FILL OUT THIS FORM IF YOUR COUNTRY HAS A NATURAL TEAM OF THREE ATHLETES IN AN AGE GROUP.

AGE DIVISION: _____

Date	
Gender	
Country	
Name of Event	
Event Number	
Date of Race	

	FULL NAME OF ATHLETE	BIB NUMBER	ORIGINAL AGE GROUP
1			
2			
3			

Signed: _____

Title: _____

LOC Stamp/Time and Date:

One copy to LOC and One copy to Team Manager